

## SPOKE

Vol 27, No. 1

Cambridge College, Rochester, Ontario

January 8, 1994

## Inside...

## Education



Journalism teachers from the fall semester visit about education in the '90s. Their supplement deals with single parents, balancing social and academic responsibilities, jobs of the future and the state of education.

See page 6

## Lifers



A reader is frightened about gun-control laws because he says too many people believe the simple solution/culture. He states Canada needs more crime control, not gun control, because criminals do not care about laws.

See page 3

## Unusual Occupations



Former-student-journalists write about the world of unusual occupations. A lipist, jani, tap and ballet dancer is profiled, along with a band from Rochester.

See pages 14, 15

## School of business gets \$100,000 boost

By Gary Hume



Chris Dabson, Cambridge's assistant vice-president, looks at laptop screen plugged for the school of business.

(Photo: Gary Hume)

Cambridge's business school, the Vancouver campus, got a \$100,000 boost as the St. George's School of Business got the new business school into the business school area.

Don West, vice-president of marketing for the Cambridge-based school, said the school is pleased to have the business school in the school area.

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See Page 1, page 1

## Continuing education numbers are up

By Rick Lambert

A continuing education school, the Cambridge School of Continuing Education, is open to all who want to continue their education.

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See Continuing, page 4

## Cambridge MP announces \$600,000 worth of grants

By Brenda Boucher

Cambridge MP, Justin Fox, announced a new grant program for the Cambridge School of Continuing Education.

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Justin Fox, Cambridge MP, announced grants for the Cambridge School of Continuing Education.

See Education, page 4





## Maher and wife win \$200,000 in federal grant

By Jeffery M. Hirsch

Dr. Jeffrey M. Hirsch, professor of psychology at the University of Maryland, has won a \$200,000 federal grant to study the effects of stress on the immune system.

The grant, awarded by the National Institute of Mental Health, is the largest ever awarded to a psychology professor at the University of Maryland. It will fund Hirsch's research on the effects of stress on the immune system, which is a key area of research in the field of psychoneuroimmunology.

Hirsch's research has shown that stress can suppress the immune system, making people more susceptible to illness. He is currently studying the effects of stress on the immune system in a group of healthy young adults.

Hirsch's research has also shown that stress can affect the immune system in a way that is specific to the type of stressor. For example, he has found that stress can suppress the immune system in a way that is specific to the type of stressor, such as physical stress or psychological stress.

Hirsch's research has important implications for the study of stress and the immune system. It suggests that stress may play a role in the development of many chronic diseases, such as heart disease, cancer, and autoimmune diseases. Hirsch's research may also lead to new treatments for these diseases.

Hirsch's research has been funded by the National Institute of Mental Health for several years. He has also received funding from the National Science Foundation and the National Endowment for the Humanities. Hirsch is currently a professor of psychology at the University of Maryland, where he has been working for over 20 years.

## Big bucks Fund-raising campaign receives \$100,000 boost

From page 1

have pledged to contribute \$200,000 to the college's fund-raising campaign.

Part of the \$200,000 was raised through the sale of \$250,000 in bonds, which will be sold in the next few months.

According to Erickson, who is part-time director of the campaign, a \$100,000 boost in the fund-raising campaign is a significant step toward the college's goal of raising \$1 million by the end of the year.

And the school said that the fund-raising campaign is a key part of the college's strategy to improve its financial position. The school is currently facing a budget deficit of about \$1 million.

Students and faculty are also helping to raise money for the campaign. The school has launched a "Fund a Faculty" campaign, in which students are asked to donate money to support their favorite professors.

According to Erickson, the campaign is expected to raise about \$100,000 in the next few months.

year-end income at Connecticut every year. "The reason that up to about \$100,000 in additional money can be added for the campaign."

Students will also be asked to contribute to the campaign. The college's fundraising campaign is a key part of the college's strategy to improve its financial position. The school is currently facing a budget deficit of about \$1 million.

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## Helping Santa



Young boy, Tim, who lives in Connecticut, is a fan of Santa Claus. He is holding a small white dog, which is one of the toys collected for his wish.

## Continuing education enrolment up by over six per cent



From page 1

Lambert said that the college is seeing a significant increase in enrolment in its continuing education programs. The college is currently offering a wide range of courses, including business, health care, and personal development. The college is also offering flexible scheduling options to accommodate working students.

"Everywhere I flip to in the program, I see that it's a real success," Lambert said.

While Lambert said there are few signs of the continuing education program in Connecticut, he did note that the college is seeing a significant increase in enrolment in its continuing education programs.

"It's always the case that the college is seeing a significant increase in enrolment in its continuing education programs. The college is currently offering a wide range of courses, including business, health care, and personal development. The college is also offering flexible scheduling options to accommodate working students."

Continuing education is a program that allows students to continue their education after they have completed their undergraduate studies. The program is designed to help students gain the skills and knowledge they need to succeed in the workforce.

The program is offered in a variety of formats, including on-campus, off-campus, and online. The program is also designed to be flexible, so that students can complete their studies at their own pace. The program is a key part of the college's strategy to improve its financial position. The school is currently facing a budget deficit of about \$1 million.

## CO-ED BROOMBALL

PLAY BROOMBALL, WIN A PRIZE!  
BROOMBALL PLAYERS: \$100 in Prizes

Captains Scheduling Meeting

DATE: Mon Jan 9

TIME: 4:15pm

Location: Rec Centre - Class Bns

TEAM REPRESENTATIVES

DATE: Jan 10

Performance Award = \$15 / Team

Goal

Location: Rec Centre - Class Bns

## NON-CONTACT BALL HOCKEY

DATE: Mon Jan 9

Location: Rec Centre - Class Bns

Captains Scheduling Meeting

DATE: Tues Jan 10

TIME: 5:00pm

LOCATION: Rec Centre

TEAM REPRESENTATIVES

DATE: Jan 11

Performance Award = \$15 / Team

Goal

Location: Rec Centre - Class Bns

## FITNESS CLASSES



STARTS JAN 9



DATE: MON-WED-FRI

TIME: 5:00-6:00AM

AFTERNOON FR

TIME: 5:00-6:00PM

REGISTER IN THE REC. CENTER

## FREE NOONER



Jeff Evason  
& Tessa

## SECOND SIGHT

An interactive ESP  
show

Thursday, January 12  
12 noon  
Main Cafeteria

# Elections '95



**Nominations open Monday,  
January 30 to Thursday  
February 9**

## Pool Tournament



**Week of January 23**

**Free Entry**

Sign up at the DSA Activities  
Office or  
the Student Lounge

**Board of Directors  
Notice of Meeting  
Tuesday, January 24  
4:15 p.m.  
Room to be  
determined**



Students to attend this  
meeting must be at the DSA  
Activities Office (Student Lounge)

## CO-ED VOLLEYBALL

**PLAY STARTS Jan 16-7 8:00pm  
PLAY Sun-Wed**

Captains Scheduling Meeting  
DATE Wed Jan 11  
TIME 4:00pm  
LOCATION Rec Center

Teams must have a  
Representative Present if  
participating in this tournament or meeting.

Respect to the Rec Center is Only

## CONTACT HOCKEY

OPTIONAL EQUIPMENT  
WHILE  
PLAYING ONLY  
HOCKEY IS A  
CONTACT SPORT  
THAT IS

ALL  
EQUIPMENT  
IS A MUST  
PLAYERS  
THROW A SHOT

Participation alone  
is NOT a team  
PARTS are at the  
Meeting

THROWING A SHOT IS NOT A SHOT

## CKRS

**Take The Challenge! Solve The Ultimate Laser Tag Game**

Competition is on tonight night of Laser Quest Wednesday

January 4 Challenge your friends, other programs, or the CKRS

staff! Check out the display at least 1 on Jan. 17. Make

challenges to other programs and they will be formally defended.

Laser Quest is located at the corner of Charles and Water

Stamps in downtown Kalamazoo

Come and join in the fun

## Lunch Hour Euchre Tournament

**Tuesday, January 17**

**11:00 a.m. - 12:00 p.m.**

**Student Lounge**



**Free Entry**

Sign up at the DSA

Activities Office or

Student Lounge

## We want to hear from YOU!

Any comments, suggestions, or questions  
are welcome!



Drop off your comments to the Suggestion  
Box located on the Door of the DSA Activities  
Office (in main Caf). The DSA will respond to

## Attention Students From Other Cultures

You are invited to join a "Multicultural Student  
Group." This informal group will meet several times  
this semester and provide you with the opportunity  
to:

- meet other students in the college
- share experiences you have had
- support one another
- practice English in an out-of-class setting

How to join: Interested students should set up a 30  
minute meeting with Carol Gregory in Student  
Services (Room 1202) in the first 2 weeks of January.  
Please bring a copy of your January timetable. I look  
forward to meeting you!

Carol Gregory  
Dean Student Services

## PRESCRIPTION DRUG CARDS

Your prescription **DRUG CARDS** are available for pick  
up at the DSA Administration Office (outside the  
student lounge)



Please have your student card available







# Education in the '90s



Students like these may have even more financial and personal life challenges ahead of them.

## Changes to safety net may alter funding

By Sean Webb

Changes to the Ontario social safety net threaten to alter the funding of post-secondary education and affect student employment and the quality of education at colleges and universities.

Marion Buchanan, Minister of Education, announced last week that the province will cut \$1 billion from provincial transfer payments to local post-secondary institutions.

Both students and teachers fear that less direct funding from governments will mean higher tuition fees for students, and an ending for some support programs of students living on campus.

The Ontario Community College Student Postsecondary Association, which has the local

Student Association as a part of it, is pushing for an income-contingent loan repayment plan.

If accepted, the income-contingent loan repayment plan would pay repayments based on the borrower's income and not on the number of years.

According to the Ontario Ministry of Education, the plan would "allow the student loan repayment plan for Ontario students to be more income-contingent than the current plan, which includes a loan forgiveness plan to help students reduce their debt loads."

Under the loan forgiveness plan the maximum a student will have to repay is \$1,000 per year.

Students are not satisfied with the plan. Some students have not heard the proposed income-contingent loan repayment plan is only a temporary measure.

"The college's approach to education is poor," said a student.

Students are also not happy with the plan because it is not a long-term solution. They are also not happy with the plan because it is not a long-term solution. They are also not happy with the plan because it is not a long-term solution.

Ministry found that increasing potential will likely be greater than after graduation. They also found that it will be more to repay more of the loan than other students.

The Ontario Press recently published an article on the plan. The article, written by Mark Stapp, president of the Ontario Community College Student Association, said the plan's approach to education is poor.

Students emphasized that the plan is not a long-term solution. They are also not happy with the plan because it is not a long-term solution. They are also not happy with the plan because it is not a long-term solution.

Students said the province should be spending more on education. They also said the province should be spending more on education. They also said the province should be spending more on education.

## New loan plan to aid students

By Amanda Jones

The federal government's proposed income-contingent loan repayment plan (ICLR) plan is by far the most flexible and fair method of loan repayment.

Colleges is also a member of the Ontario Community College Student Association. It is a group of 16 Ontario colleges that is a member of the federal and provincial governments for better quality post-secondary education. The participating colleges are the University of Waterloo, the University of Western Ontario, York University, Queen's University, the University of Toronto, and the Wilfrid Laurier University.

"What is the opposition to the ICLR plan? The opposition to the ICLR plan is that it is not a long-term solution. They are also not happy with the plan because it is not a long-term solution."

Under the plan, the student would be required to pay back the loan in a way that is based on their income. They would be required to pay back the loan in a way that is based on their income. They would be required to pay back the loan in a way that is based on their income.

Minister Jones said the plan would be based on the student's income. They would be required to pay back the loan in a way that is based on their income. They would be required to pay back the loan in a way that is based on their income.

According to the plan, the student would be required to pay back the loan in a way that is based on their income. They would be required to pay back the loan in a way that is based on their income. They would be required to pay back the loan in a way that is based on their income.

"Students should not be brainwashed into thinking that they don't already pay for a large part of their education."

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"This plan provides the student with the best protection against poverty and debt."

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## Most students happy with fee structure

By Sean Webb

Students at Ontario College of Art and Design (OCAD) are not happy with the plan. They are also not happy with the plan because it is not a long-term solution.

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## Education in the '90s



Many physicians, particularly those who manage patients with chronic conditions, are not familiar with the concept of health and wellness. A focus on prevention

**Mondays are  
Movie Madness  
Days in the  
Student Lounge**

**All Day, Every Monday!**  
  
**Check it out!**

## Blue Mountain Ski Trip

FRIDAY, JANUARY 20

**BOOKING**

1st & Transportation \$29.00

1st Only \$20.00

Resale \$19.00

Bus departs at 7:00 am  
from Davis Hall

Sign up at the DSU Activities  
Office by Friday, January 13.



## GO-Ed BASKETBALL

PLAY STARTS JAN 19-4:30pm  
GAMES PLAYED THURSDAYS

**Captains Selecting Morning**

DATE - Thurs Jan 12

TIME - 5:00pm

Location: Port Center Court Bldg.

TEAM REPRESENTATIVES

MUST ATTEND !!

FOR MORE INFO: J. LARSEN (JL2)

Phone 3-4833 EXT. 4-2070

## Women In Technology

**Guest Speaker:**

Join us for morning coffee and  
snaffles, and a chance to talk  
with each other.

**Star Room Cafeteria**

**Thursday, Jan. 12**

**7:00 a.m. to 9:00 a.m.**

For more information see Myrna  
Nicholas in Student Services

## Welcome New Students!

The DSU Student  
Association wishes to  
extend a warm welcome to  
the new students in  
DSU's Honors &  
General Arts & Science  
Programs.

Presented by the DSU Office in Davis  
Hall on Thursday the Student Lounge is now  
your student government!

**DSU is working for you!**

## Conestoga College Student's Special

Show your ID card and receive 12  
discount off pool time per hour at

**Masters Billiards**  
10 Manitou Dr. Kitchener

from 10 am - 4 pm Monday Friday

for more information call  
748-5960

## Just what you need to Survive Winter!

**Winter Survival Kits  
on Sale Now**

**\$22**

Available at the DSU Activities Office

Get yours  
before the  
**BIG FREEZE!**



## CAREER CORNER

By Jean Maguire

Do you worry about what others think about you? Do you  
personally dwell on how others think you are doing your  
work?

Have your response to these questions reflect your career self?  
Reflections on accepting, accepting and listening to  
yourself is a critical part of personal development and motivation.  
Without an awareness of self words, many needs may go  
unmet. Without self-reflection, you take others' words, in-  
formation or career advice, therefore limiting your options for  
fulfillment.

However, it is not all as simple as it seems. Many who  
feel good about themselves in the workplace may have a hard  
time in other areas. One can have a sense of being a high  
achiever, yet have a strong desire to leave their current  
workplace and/or profession.

So, it seems I am not alone in my early career per-  
sonal, physical and social stress. Many of us have a hard  
time in our personal lives. We need to be able to  
be realistic in physical, personal, social and career. We  
need to be able to be realistic in our personal lives.

Reflections yourself are a critical part of your career. One  
can feel good about their work but have a hard time in other  
areas. It is not all as simple as it seems. Many who  
feel good about themselves in the workplace may have a hard  
time in other areas. One can have a sense of being a high  
achiever, yet have a strong desire to leave their current  
workplace and/or profession.

A "Self-Discovery Workshop" will be starting Jan. 24, 5:30-7:30  
pm. For more information, go to sign up, come to  
Biology for new students of the job your years in new learning  
and growth!

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## Dan Valkos

**Psychic & Paranormal Expert**

"Dan combines his knowledge  
of the paranormal with heavy  
"Satanic" influence"

**Wed, Jan. 25  
12 noon  
Main Cafe.**





